



SWIM LESSONS

FALL 2026

Building Confidence, Safety, and
Lifelong Skills in the Water

Session 1: August 17-September 19

Registration begins July 29 - 5 week session

Session 2: September 21-October 24

Registration begins August 31 - 5 week session

Session 3: October 26-November 21

Registration begins October 5 - 4 week session

Session 4: November 30-December 19

Registration begins November 9 - 3 week session

Lesson Levels

Parent/Child: Water Discovery

Level 2: Water Confidence

Level 3: Water Independence

Level 4: Stroke Development

Lessons are offered on Mondays, Wednesdays, and Saturdays.

Monday

4:15-4:45

- Level 2, 3, 4

4:50-5:20

- Level 2, 3, 4

5:25-5:55

- Parent/Child,
Level 2, 3

Wednesday

4:15-4:45

- Level 2, 3, 4

4:50-5:20

- Parent/Child,
Level 2, 3

5:25-5:55

- Level 2, 3, 4

Saturday

8:30-9:00

- Parent/Child,
Level 2

9:00-9:30

- Parent/Child,
Level 3

9:30-10:00

- Level 2, 4

Session 1 & 2: \$75/members, \$150/nonmembers - 5 lessons

Session 3: \$60/members, \$120/nonmembers - 4 lessons

Session 4: \$45/members, \$90/nonmembers - 3 lessons

**Questions? Contact Aquatics Director, Alyssa Woodyard at
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