



**Location**

Twin Lakes Park - West  
30 Twin Lakes Dr | Paris, IL 61944

**Times**

Registration: 6:00 am  
**1 Mile** Fun Run Race Time: 6:30 am  
**5k** Run Race Time: 7:30 am

**Registration**

1 Mile Fun Run \$5  
\$10 (after Sept. 13th)  
5K Run \$25  
\$30 (after Sept. 13th)

**T-shirts**

First 75 **5k** registered runners guaranteed race shirt.

*After September 6th shirt sizes cannot be guaranteed.*

**Prizes & Awards**

**Fun Run**

**All** Fun Run/walk participants receive a ribbon.  
**Top 5** receive a ribbon.  
**Overall** Male & Female receive a trophy.

**5k Run**

**All 5k** participants receive race swag.  
**First 75** receive finishers medal  
**All** other participants receive a placement ribbon.  
**Overall** Male & Female receive a trophy.  
**Top 3** Male & Female in each age category will have times/placement posted online.

**18th ANNUAL SHAWNA MORRISON MEMORIAL RUN**

**Race Entry Form**

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

- Female  Male
- \$25 5K Run  Free for 1544th
- \$5 1 Mile Fun Run
- Donation \_\_\_\_\_

**Race packets to be picked up day of race. Packets include race t-shirt, bib, and race swag.**

Age Division:  0-10  11-19  20-29  30-39  40-49  50-59  60-69  70+

T-shirt Size:  Youth Medium  Youth Large  Adult Small  
 Adult Medium  Adult Large  Adult X-Large  
 Adult XX-Large

Waiver: (Please read carefully & sign)

In consideration of my entry, I, intending to be legally bound for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims which I may hereafter accrue to me against The Rec Center, staff, volunteers or any of its promoters for any and all injuries suffered by me at this event or in relation to it. I further warrant that I have trained for the race of this distance and am physically fit for such a race.

Signature: (Parent/guardian if under 18 years of age)

*Please share your accomplishment with the REC community on social media using #run4shawna*



109 E. Madison St. | Paris, IL 61944 | www.parisrec.org