

FALL POOL SCHEDULE

Starting August 16

TIME	SUN	MON	TUES	WED	THUR	FRI	SAT
5:30	Pool Closed	Lap Swim (3 Lanes) Open Swim (3 Lanes)	Pool Closed	Lap Swim (3 Lanes) Open Swim (3 Lanes)	Lap Swim (3 Lanes) Open Swim (3 Lanes)	Lap Swim (3 Lanes) Open Swim (3 Lanes)	Pool Closed
6:00							
6:30							
7:00							
7:30		Open Swim (3 Lanes)		Open Swim (3 Lanes)	Open Swim (3 Lanes)	Lap Swim (3 Lanes) Open Swim (3 Lanes)	
8:00							
8:30							
9:00							
9:30		Lap Swim (3 Lanes) Open Swim (3 Lanes)		Water Fitness/ Open Swim 9:00-9:45	Lap Swim (3 Lanes)	Water Fitness/ Open Swim 9:00-9:45	Water Fitness/ Open Swim 9:00-9:45
10:00							
10:30							
11:00							
11:30	Lap Swim (3 Lanes) Open Swim (3 Lanes)		Lap Swim (3 Lanes) Open Swim (3 Lanes)	Lap Swim (3 Lanes) Open Swim (3 Lanes)	Lap Swim (3 Lanes) Open Swim (3 Lanes)	Lap Swim (3 Lanes) Open Swim (3 Lanes)	Lap Swim (3 Lanes) Open Swim (3 Lanes)
12:00							
12:30							
1:00							
1:30			Lap Swim (3 Lanes) Open Swim (3 Lanes)	Lap Swim (3 Lanes) Open Swim (3 Lanes)	Lap Swim (3 Lanes) Open Swim (3 Lanes)	Lap Swim (3 Lanes) Open Swim (3 Lanes)	Lap Swim (3 Lanes) Open Swim (3 Lanes)
2:00							
2:30							
3:00							
3:30		Lap Swim (3 Lanes) Open Swim (3 Lanes)		Swim Lessons 4:15-5:55	Swim Conditioning 4:15-5:15	Swim Lessons 4:15-5:55	Swim Conditioning 4:15-5:15
4:00							
4:30							
5:00							
5:30	Lap Swim (3 Lanes) Open Swim (3 Lanes)			Swim Conditioning 6:00-7:00	Water Fitness/ Open Swim 5:30-6:30	Swim Conditioning 6:00-7:00	Lap Swim (3 Lanes)
6:00							
6:30			Lap Swim (3 Lanes) Open Swim (3 Lanes)	Lap Swim (3 Lanes) Open Swim (3 Lanes)	Lap Swim (3 Lanes) Open Swim (3 Lanes)	Lap Swim (3 Lanes) Open Swim (3 Lanes)	Lap Swim (3 Lanes) Open Swim (3 Lanes)
7:00							
7:30							
8:00							

Swim Cond.

Lap Swim

Swim Lessons

Water Fitness

S.O.A.R

Pool Closed

- Swim Cond.
- Lap Swim
- Swim Lessons
- Water Fitness
- S.O.A.R
- Pool Closed